



Dydd Llun, 11 Rhagfyr, 2023 1:00pm – 4:00pm

Ystafell LL010B, Adeilad Llwyn Brain;
Busnes@LlandrilloMenai,
 Ffordd Penlan, Parc Menai, Bangor LL57 4HJ
 Cyfeiriad 'what3words' [///shame.things.craft](https://www.what3words.com/#!/shame.things.craft)

AGENDA

Eitem	Materion	Amser	Pwy	Atodiad
1.	Paned a Rhwydweithio Refreshments and Networking	1.00-1:15		
2.	Croeso ac Ymddiheuriadau Welcome and apologies	1.15-1:20	Aled Jones-Griffith – Cadeirydd BGC	
3.	Cyfarfod y Bwrdd/ Previous meeting <ul style="list-style-type: none"> Pwyntiau gweithredu (cynnwys Siarter teithio) Review of actions (inc Travel Charter) 	1:20-1:30	Aled Jones-Griffith – Cadeirydd BGC	Atodiad 1
4.	Cynllun Llesiant 2023-2028 Wellbeing Plan Diweddariad ar y Prosiect Iaith – Recriwtio / Update on Welsh language Recruitment project	1:30-1:40	Sandra Thomas, BGC	
5.	Cyflwyniad ar Ddull System Gyfan a Pwysa Iach / Presentation on Whole Systems Thinking Methodology and Healthy Weight	1:40-2:05	Lydia Orford a Dafydd Gwynne, BIPBC	Atodiad 2
	Break	2:05-2:15		
6.	Sesiwn Strategol Pwysa Iach / Strategic Session re Healthy Weight	2:15-3:45	Lydia Orford a Dafydd Gwynne, BIPBC	
7.	Camau nesaf a chloi Next steps and close	3:45-4:00	Aled Jones-Griffith – Cadeirydd BGC	