



Monday, 11 December 2023

13:30-16:30

Llwyn Brain, Parc Menai, Bangor

<b>Members present:</b>	
<b>Name</b>	<b>Organisation</b>
Aled Jones-Griffith (AJG) - Chair	Grŵp Llandrillo Menai
Dylan Williams (DW)	Isle of Anglesey County Council
Cyng. Robin Williams (RW)	Isle of Anglesey County Council
Geraint Owen (GO)	Cyngor Gwynedd
Dafydd Gwynne (DG)	Public Health Wales Team Betsi Cadwaladr University Health Board
Euros Jones (EJ)	Natural Resources Wales
Ffion Johnstone (FfJ)	Betsi Cadwaladr University Health Board
Emyr Williams (EW)	Eryri National Park
Ceri Molyneux (CM)	Welsh Government
Tracey Williams (TW)	North Wales Fire and Rescue Service
Andrew Edwards (AE)	Bangor University
Gerallt Griffiths (GG)	Probation Service
Llinos Davies (LID)	North Wales Police

<b>In attendance:</b>	
Sandra Thomas (ST)	Gwynedd and Anglesey Public Services Board
Dewi Wyn Jones (DWJ)	Gwynedd and Anglesey Public Services Board
Lydia Orford (LO)	Public Health Wales Team Betsi Cadwaladr University Health Board

<b>Apologies:</b>	
Cyng. Dyfrig Siencyn (DS)	Cyngor Gwynedd
Cyng. Llinos Medi (LIM)	Isle of Anglesey County Council

Lyndsey Campbell-Williams (LC-W)	Medrwn Môn
Gwenan Pritchard (GP)	Gwynedd and Anglesey Public Services Board
Bethan Russell Williams (BRW)	Mantell Gwynedd
Glyn Jones	Welsh Government
Catrin Thomas (CT)	Probation Service

### Action Points

1. **Newborough Project** – Support Team to invite PSB Members to the event.
2. **Healthy Travel Charter** – Support Team working with Public Health Team and regional co-workers to facilitate the task.
3. **Language Project – Planning a Bilingual Workforce** - all organisations to contribute through:
  - Nominating a Human Resources Manager or Recruitment Manager to attend a research seminar in a central location in January
  - Complete an online questionnaire
  - Provide relevant documents with examples of jobs
4. **Healthy Weight Strategic Session** - PSB Members:
  - To action on the steps noted today within your organisations
  - To report on progress in the next meeting. A standard template will be provided to facilitate this, and ST will support each member to complete.

### Minutes of the discussion

Item	Notes	Whom?	By when?
1	<b>Welcome and Apologies</b> The above apologies were noted and all were welcomed to the meeting.		
2	<p><b>Matters arising from the previous meeting 20/09/23</b></p> <p><b>Newborough Project</b> – An update was given by ST. It was noted that the PSB, 3rd sector organisations, community leaders and the public will be brought together to work on specific issues which affect the community in Newborough and which are aligned with objectives from the Gwynedd and Anglesey Well-being Plan. A sum of money has been set aside from the Regional Grant Fund to facilitate the work that will be led by Natural Resources Wales. A steering group is in place with officers from NRW, Anglesey County Council and Medrwn Môn which are organising a session to tackle the most frequently raised issues, which is transport and access. Members of the PSB will be invited to attend the session.</p> <p>We will share the outputs and what has been learned with the Office of Future Generations and other Welsh Public Services Boards.</p> <p><i>(Additional note - a date has now been set to hold the session - 07/03/24 at The Prichard Jones Institute, Newborough)</i></p> <p><b>Healthy Travel Charter</b> – The item is been postponed to a meeting in 2024 in order to focus on today's Strategic Session. In the meantime, the</p>	<b>Support Team</b>	<b>Asap</b>

	<p>Support Team is working with the Public Health Team and regional colleagues to facilitate the task.</p> <p><b>Annual Report 2022-23</b> – It was confirmed that the report has been published and is available to view on the Board’s website.</p> <p><b>Well-being Plan Workshop 2023-2028</b> – It was noted that a Strategic Session would be held as part of the meeting today.</p>	<b>Support Team</b>	<b>asap</b>
<b>3</b>	<p><b>Well-being plan 2023-2028</b></p> <p><b>Update on the Language Project – Planning a Bilingual Workforce</b></p> <p>Gwynedd and Anglesey PSB has received a regional grant to investigate the challenges and successes of planning and recruiting a bilingual workforce in our public organisations that are part of Public Services Boards across North Wales. Members see a potential risk and pressure within organisations to lower the essential Welsh language level of jobs in order to try to attract candidates. That in turn causes real concern in terms of its impact on the provision of services that are suitable for our residents for the future. Iaith Cyf has been commissioned to carry out the research. In January we will be calling on all organisations to contribute through:</p> <ol style="list-style-type: none"> <li>5. Nominating a Human Resources Manager or Recruitment Manager to attend a research seminar in a central location in January</li> <li>6. Complete an online questionnaire</li> <li>7. Provide relevant documents with examples of jobs</li> </ol>	<b>Everyone</b>	<b>January – February 2024</b>
<b>4</b>	<p><b>An Introduction to a Whole System Approach and Healthy Weight</b></p> <p>There was a presentation on Whole System Approach Methodology and Healthy Weight by Dafydd Gwynne and Lydia Orford to prepare for the Strategic Session in item 5.</p> <p>(Slides available as attachment to the minutes).</p>		
<b>5</b>	<p><b>Healthy Weight Strategic Session</b></p> <p>Members were divided into groups to discuss:</p> <ol style="list-style-type: none"> <li>a) What can you/your organisation do to contribute to the whole system approach to healthy weight?</li> <li>b) Which organisations are here today that would be essential for you to carry out this work?</li> <li>c) What are you going to do after the session today and by when?</li> <li>d) Who is missing from the discussion today that in your opinion is essential to work on a whole system approach to healthy weight?</li> </ol> <p><b>Examples considered when conducting the discussions:</b></p> <p><b>Food Environment</b></p> <p>Offer meals to staff, patients, citizens</p>		

	<p>Food Choices our high street; Affordability and sustainability of food</p> <p><b>Active Environment</b> Travel options/choices/infrastructure/ Opportunities for people to be industrious at work</p> <p><b>Implement on all levels of the system</b> What can you do / What needs to be changed in the system</p> <p><b>Steps of action:</b> 1. BCUHB Public Health Team to produce an action plan and share it with members 2. PSB Members:</p> <ul style="list-style-type: none"> <li>• To action on the steps noted today within your organisations</li> <li>• To report on progress in the next meeting. A standard template will be provided to facilitate this, and ST will support each member to complete.</li> </ul>	<b>Everyone</b>	<b>March 2024</b>
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